

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 TG Lighthouse Program 10:00 am - 3:00pm Japanese Class (Beginners) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am	2 Fall Prevention Exercises 10:00 am - 11:00 am  Aerobics for seniors 11:30 am - 12:30 pm Goshin Jitsu 1:00 pm - 1:30 pm Mah-Jong Club (D/I \$4, NonM \$5) 1:00 pm - 4:00 pm <b>*** Outreach***</b> ~Hotel Van Tour~ & VCC Lunch 11:30am-3:30pm	3 English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm	4
5	6 Laptop Computer Seminars 10:00 am - 11:30am  Karaoke club 12:45 pm - 3:45 pm **Back on March**	7 English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class (Beginner) 10:00 am - 11:30 am iPad Class(Intermediate) 1:00 pm - 2:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm Thai Yoga for Seniors 1:45 pm - 2:45 pm	8 TG Lighthouse Program 10:00 am - 3:00pm Japanese Class (Beginners) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am  Young Craft Club 1:00pm - 3:00pm  Family Support Group 1:30 pm - 3:00 pm	9 Fall Prevention Exercises 10:00 am - 11:00 am  Aerobics for seniors 11:30 am - 12:30 pm Chair Yoga Strtch 1:00 pm - 1:30 pm Mah-Jong Club (D/I \$4, NonM \$5) 1:00 pm - 4:00 pm	10 English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm  Piano Sing Along 1:00 pm - 2:30 pm	11
12	13 Family Day  CLOSED	14 English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class (Beginner) 10:00 am - 11:30 am iPad Class(Intermediate) 1:00 pm - 2:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm Thai Yoga for Seniors 1:45 pm - 2:45 pm	15 TG Lighthouse Program 10:00 am - 3:00pm Bon Odori 10:00 am - 3:00 Japanese Class (Beginners) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am	16 Fall Prevention Exercises 10:00 am - 11:00 am Brain Training 10:30 am - 11:45 am Aerobics for seniors 11:30 am - 12:30 pm Goshin Jitsu 1:00 pm - 1:30 pm Mah-Jong Club (D/I \$4, NonM \$5) 1:00 pm - 4:00 pm  Birthday Party Jan-Mar born 12:30pm-2:30pm	17 English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm  Calligraphy 2:00 pm - 3:00 pm	18
19	20 Laptop Computer Seminars 10:00 am - 11:30am  Karaoke club 12:45 pm - 3:45 pm **Back on March**  Meditation Workshop Fee: \$5/\$8 10:00am - 11:30am	21 English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class (Beginner) 10:00 am - 11:30 am iPad Class(Intermediate) 1:00 pm - 2:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm Thai Yoga for Seniors 1:45 pm - 2:45 pm	22 TG Lighthouse Program 10:00 am - 3:00pm Japanese Class (Beginners) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am  Young Craft Club 1:00pm - 3:00pm  Senior Life Seminar ~Advance Care II ~ 1:00pm-2:30pm	23 Fall Prevention Exercises 10:00 am - 11:00 am Brain Training 10:30 am - 11:45 am Aerobics for seniors 11:30 am - 12:30 pm  Mah-Jong Club (D/I \$4, NonM \$5) 1:00 pm - 4:00 pm  Cutting Paper Art Workshop Fee: \$5/\$8 1:30pm-3:00pm	24 English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm  Calligraphy 2:00 pm - 3:00 pm	25 Nikkei+ Social Club 11:00 am~ (by Donation)
26	27 OPEN 9:00am~4:30pm	28 English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm  Hula Dace for Seniors 12:30 pm - 1:30 pm Thai Yoga for Seniors 1:45 pm - 2:45 pm  <b>*** Outreach***</b> ~ Harrison Hot Springs Trip ~ February 28 (Tue) ~ March 2 (Thr) [2 nights stay] \$300-\$400 Please ask for details...				

**Notes:**  
 Volunteer wanted!!  
 → TG Birthday Party Feb 16 (Thr) 12:30pm ~1:30pm  
 Event Prep : Feb 15 (Wed) 1:00pm~  
 EVENT Support: Feb 16 (Thr) 11:00am~ (Reception, Setup, Cleaning)