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October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Meditation (2R) 10:00 am - 11:30am OGOJO (1F) 10:00 am - 11:30am Tablet Beginners (2F) 10:00 am - 11:30am Karaoke club (1F) 12:45 pm - 3:45 pm Monday Lighthouse (2R) 1:00pm - 3:30pm	English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Special Class AM 10:00 am - 11:30 am iPad Special Class AM 1:00 pm - 2:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm Yoga for Seniors 1:45 pm - 2:45 pm	TG Lighthouse Program 10:00 am - 3:00pm Rythmique (2R) 10:00 am - 12:00 pm Japanese Class (Beg.) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am	Fall Prevention Excer. 10:00 am - 11:00 am Aerobics for seniors 11:30 am - 12:45 pm Chair Yoga, Goshin Jitsu 1:00 pm - 1:30 pm Haiku Club 1:00 pm - 3:00 pm Mah-Jong Club (D/I \$4, NonM \$5) 1:00 pm - 4:00 pm	English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Calligraphy (changed to Oct13)	
8	9 Thanks Giving Day CLOSED	10 English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class (Intermediate) 10:00 am - 11:30 am iPad Class (Intermediate) 1:00 pm - 2:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm Yoga for Seniors 1:45 pm - 2:45 pm Garden Club ~JPN Veg~ Print Workshop1 Time:1pm-3:30pm (2R)	11 TG Lighthouse Program 10:00 am - 3:00pm Rythmique (2R) 10:00 am - 12:00 pm Japanese Class (Beg.) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am Young Craft Club 1:00pm - 3:00pm Family Support Group 1:30 pm - 3:00 pm	12 Fall Prevention Excer. 10:00 am - 11:00 am Brain Training 10:30 am - 11:45 am Cutting Paper Art 1:30 pm - 3:00 pm Aerobics for seniors 11:30 am - 12:45 pm Chair Yoga Strtch 1:00 pm - 1:30 pm Mah-Jong Club (D/I \$4, NonM \$5) 1:00 pm - 4:00 pm	13 English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Piano Sing Along 1:00 pm - 2:30 pm 12:45 pm - 2:15 pm Calligraphy 2:30 pm - 2:30 pm	14 Garden Club ~JPN Veg~ Cooking Seminar Time:1pm-3:30pm by donation
15	16 OGOJO (1F) 10:00 am - 11:30am Tablet Beginners (2F) 10:00 am - 11:30am Karaoke club (1F) 12:45 pm - 3:45 pm Monday Lighthouse (2R) 1:00pm - 3:30pm	17 English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class(Intermediate) 10:00 am - 11:30 am iPad Class(Intermediate) 1:00 pm - 2:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm Yoga for Seniors 1:45 pm - 2:45 pm	18 TG Lighthouse Program 10:00 am - 3:00pm Japanese Falk Dance 10:30 am - 11:30 pm Japanese Class (Beg.) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am	19 Fall Prevention Excer. 10:00 am - 11:00 am Aerobics for seniors 11:30 am - 12:45 pm Goshin Jitsu (2F) 1:00 pm - 1:30 pm Haiku Club 1:00 pm - 3:00 pm Mah-Jong Club (D/I \$4, NonM \$5) 1:00 pm - 4:00 pm	20 English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Calligraphy (1F-3) 2:00 pm - 3:00 pm	21 Garden Club ~JPN Veg~ Print Workshop2 Time:1pm-3:30pm by donation
22	23 TG Lighthouse Program 1:00 pm - 3:30pm (2R)	24 English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class(Intermediate) 10:00 am - 11:30 am iPad Class(Intermediate) 1:00 pm - 2:30 pm Hula Dace for Seniors 12:30 pm - 1:30 pm Yoga for Seniors 1:45 pm - 2:45 pm *** Outreach *** ~ Nitobe Garden ~ 11:00am-3:00pm	25 TG Lighthouse Program 10:00 am - 3:00pm Rythmique (2R) 10:00 am - 12:00 pm Japanese Class (Beg.) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am Young Craft Club 1:00pm - 3:00pm	26 Fall Prevention Excer. 10:00 am - 11:00 am Brain Training *No Class* Aerobics for seniors 11:30 am - 12:45 pm Chair Yoga Strtch 1:00 pm - 1:30 pm Mah-Jong Club (D/I \$4, NonM \$5) 1:00 pm - 4:00 pm	27 English (Beginners) 10:00 am-11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Senior Life Seminar ~Disaster prevention~ 1:30pm-3:00pm Donor Appriciation Party ==> Changed to	28 Nikkei+ Social Club 11:00 am - (by Donation) - TBC Charity Violin Mni Concert 2pm-4pm @ Vancouver Japanese United Church Ticket: \$ tbd
29	30 Meditation (2R) 10:00 am - 11:30am Tablet Beginners (2F) 10:00 am - 11:30am Monday Lighthouse (2R) 1:00pm - 3:30pm PC Seminar 12:30pm - 3:00pm	31 English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Man-to Man (\$20-\$23) 10am... 12pm... 1:30pm... Hula Dace for Seniors 12:30 pm - 1:30 pm Yoga for Seniors 1:45 pm - 2:45 pm				

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