

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				<b>1</b>	<b>2</b>	<b>3</b>
				Fall Prevention Exercises 10:00 am - 11:00 am  Aerobics for seniors 11:30 am - 12:45 pm ChairYoga/GoshinJitsu  Mah-Jong Club 1:00 pm - 4:00 pm Haiku Club 1:00 pm - 3:00 pm	English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm  Calligraphy 2:00 pm - 3:00 pm	
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	Meditation (2R) 10:00 am - 11:30am OHANASHI (1F) 10:00 am - 11:30am SmartPhon Begin. (2F) 10:00 am - 11:30am Karaoke club (1F) 12:30 pm - 3:30pm Monday Lighthouse(2F) 1:00 pm - 3:30pm	English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class AM 10:00 am - 11:30 am iPad Class PM 1:00 pm - 2:30 pm Hula Dance for Seniors 12:30 pm - 1:30 pm Yoga for Seniors 1:45 pm - 2:45 pm *** Outreach*** >> Changed to Mar 16 (Tue)	Wednesday Lighthouse 10:00 am - 3:00 pm Rythmique (2R) 10:30 am - 12:00 pm Japanese Class (Beginners) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am	Fall Prevention Exercises 10:00 am - 11:00 am Brain Training 10:30 am - 11:45 am  Aerobics for seniors 11:30 am - 12:45 pm ChairYoga/GoshinJitsu  Mah-Jong Club 1:00 pm - 4:00 pm	English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm  Piano Sing Along 1:00 pm - 2:30 pm	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
	Meditation (2R) 10:00 am - 11:30am  Monday Lighthouse (1R) 1:00pm - 3:30pm	English (Intermediate) 10:00 am - 11:30 am Ping Pong Club 10:00 am - 12:00 pm iPad Class AM 10:00 am - 11:30 am iPad Class PM 1:00 pm - 2:30 pm Hula Dance for Seniors 12:30 pm - 1:30 pm Yoga for Seniors 1:45 pm - 2:45 pm *** Outreach*** ~MOA~ 10:00am-2:00pm	Wednesday Lighthouse 10:00 am - 3:00 pm Rythmique (2R) 10:30 am - 12:00 pm Japanese Class (Beginners) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am Young Craft Club 1:00pm - 3:00pm  Family Support Group 1:30 pm - 3:00 pm	Aerobics for seniors 11:30 am - 12:30 pm  Mah-Jong Club 1:00 pm - 4:00 pm Haiku Club 1:00 pm - 3:00 pm	English (Beginners) 10:00 am - 11:30 am Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm Calligraphy 2:00 pm - 3:00 pm	
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
	OHANASHI (1F) 10:00 am - 11:30am SmartPhone Begin. (2F) 10:00 am - 11:30am Karaoke club (1F) 12:30 pm - 3:30 pm Monday Lighthouse (2R) 1:00pm - 3:30pm	Ping Pong Club 10:00 am - 12:00 pm iPad Class AM 10:00 am - 11:30 am iPad Class PM 1:00 pm - 2:30 pm Hula Dance for Seniors 12:30 pm - 1:30 pm Yoga for Seniors 1:45 pm - 2:45 pm	Wednesday Lighthouse 10:00 am - 3:00 pm BonOdori 10:30 am - 11:30 am Rythmique (2R) 10:30 am - 12:00 pm Japanese Class (Beginners) 10:00 am - 11:30 am Lunch Program 11:45 am - 12:45 am	Brain Training 10:30 am - 11:45 am Cutting Paper Art 1:30 pm - 3:00 pm Aerobics for seniors 11:30 am - 12:45 pm ChairYoga/GoshinJitsu  Mah-Jong Club 1:00 pm - 4:00 pm	Craft Club 10:00 am - 3:00 pm Lunch Program 11:45 am - 12:45 pm  English (Beginners) 10:00 am - 11:30 am (For 2/16 class) Senior Life Seminar ~TBD~ 1:30pm-3:00pm	
<p>***** <b>Apr - Jul Program Registration Period: March 19 (Mon) 10am - March 29 (Thu) *****</b></p> <p>Programs not reaching to minimum registration number <u>will be cancelled.</u></p> <p>Please ensure to register during the registration weeks.</p>						
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
	Monday Lighthouse (1R) 1:00pm - 3:30pm	Ping Pong Club 10:00 am - 12:00 pm	Wednesday Lighthouse 10:00 am - 3:00 pm Rythmique (2R) 10:30 am - 12:00 pm Lunch Program 11:45 am - 12:45 am Young Craft Club 1:00pm - 3:00pm	Mah-Jong Club 1:00 pm - 4:00 pm	<b>Good Friday</b>  <b>CLOSED</b>	
<p><b>** Apr-Jul Program Registration Period: March 19 (Mon) 10am - March 29 (Thu) **</b></p> <p>Programs not reaching to minimum registration number <u>will be cancelled.</u></p> <p>Please ensure to register during the registration weeks.</p>						
<b>Notes:</b>						